



NEW ZEALAND TREK - GEAR LIST

Included in package

- Mattress
- Trek Food packs (inc b/fast, lunch, dinner, snacks)
- Stoves & fuel for cooking
- Group First Aid Kit & Emergency Communications

Gear you can bring or hire in New Zealand

- Backpack – 65Litre (\$80 to hire)
- Sleeping Bag (\$60)
- Waterproof jackets – S,M,L,XL (\$60 to hire)
- Overpants –XS, S, M, L, XL, XXL (\$30 to hire)
- Long Gaiters (\$20 to hire)

**Our FSA Club Card entitles you to 20-25% off purchases at some stores in Adelaide or you can hire gear from Queenstown (hire fees are subject to change)*

Contact gabrielle@freespiritadventures.com.au to arrange gear hire.

Gear to bring yourself

- Camping pillow
- Walking boots (well worn in)
- Woolen socks 4 pairs
- Long sleeved shirt x 2
- Long pants (shorts if you prefer)
- Hat or beanie & gloves
- Fleece jacket or jumper
- Waterproof bags for trek clothes x 2
- Bowl, mug & cutlery
- Toilet paper and hand sanitizer
- Trek towel & Personal toiletries (no soaps please)
- Medications (sunscreen, insect repellent, blister kit, pain killers)
- Underwear (preferably synthetic) & bathers x 4
- Handkerchiefs
- Thermal top & longs
- Camera and spare batteries
- Head torch & spare batteries

For more information, **Email:** gabrielle@freespiritadventures.com.au or **Phone:** 0414 410 963