



OVERLAND TRACK - GEAR LIST

Included in package

- Food packs (inc b/fast, lunch, dinner, snacks)
- Emergency tent
- Stoves & fuel for cooking
- Group First Aid Kit & Emergency Beacon (EPIRB) & Satellite Phone
- National parks passes / Overland Track Permit
- Ferry ticket.

Gear you can bring or hire in Tassie

- Sleeping mat (\$40 to hire)
- Backpack - 65Litre or 75 litre (\$95 to hire)
- Waterproof jackets – S,M,L,XL (\$95 to hire)
- Overpants –XS, S, M, L, XL, XXL (\$30 to hire)
- Gaiters (\$20 to hire)
- Sleeping Bag rated for -5degrees (\$60 to hire)

Gear to bring yourself

- Camping pillow
- Walking boots (well worn in)
- Woolen socks 3 pairs
- Long sleeved shirt
- Long pants (shorts if you prefer)
- Hat or beanie & gloves
- Fleece jacket or jumper
- Waterproof bags for trek clothes
- Bowl, mug & cutlery
- Toilet paper and hand sanitizer
- Trek towel & Personal toiletries (no soaps please)
- Medications (sunscreen, insect repellent, blister kit, pain killers)
- Underwear (preferably synthetic) & bathers
- Thermal top & longs
- Camera and spare batteries
- Head torch

Notes:

1. Always choose synthetic fabrics which dry quicker than cotton or wool
2. Don't bring any superfluous gear – keep your load light
3. If you prefer to walk in shorts, we recommend wearing gaiters as well

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