



## **Gear List ~ Kilimanjaro Trek & African Safari**

The following list is designed to ensure that you bring relevant gear with you on this adventure. Please read carefully to ensure you have everything you need before departing Australia.

### **Clothing**

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| <ul style="list-style-type: none"> <li>• Waterproof jacket – breathable with hood</li> <li>• Insulated jacket</li> <li>• Soft jacket (fleece or soft shell)</li> <li>• 2 x long sleeve shirt</li> <li>• 1 x short sleeve shirt</li> <li>• 2 x hiking pants</li> </ul> | <ul style="list-style-type: none"> <li>• 1 x fleece pants</li> <li>• 1 x full length thermals (top &amp; bottom)</li> <li>• 1 x shorts</li> <li>• 4 x underwear / briefs</li> <li>• 2 x sport bras (women)</li> <li>• Waterproof overpants</li> </ul> |
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### **Headwear / Gloves**

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| <ul style="list-style-type: none"> <li>• Broad brimmed hat / Cap</li> <li>• Bandana</li> <li>• Neck Wrap / Scarf</li> </ul> | <ul style="list-style-type: none"> <li>• Beanie / Balaclava</li> <li>• Warm waterproof gloves</li> <li>• Glove liners – for extra warmth</li> </ul> |
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### **Footwear**

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| <ul style="list-style-type: none"> <li>• Hiking boots – waterproof &amp; broken in</li> <li>• Spare laces</li> <li>• Socks (7-8 pair)</li> </ul> | <ul style="list-style-type: none"> <li>• Sock liners (optional)</li> <li>• Gaiters – short – mid length (optional)</li> <li>• Camp shoes – slip on / enclosed for campsite</li> </ul> |
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### **Accessories**

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| <ul style="list-style-type: none"> <li>• Sunglasses / goggles</li> <li>• Poncho</li> <li>• Water bladder (Camelback type) min 2 litre</li> <li>• Water bottle – 600ml</li> <li>• Cup</li> </ul> | <ul style="list-style-type: none"> <li>• Light weight / quick dry towel</li> <li>• Pee bottle – to avoid leaving tent at night</li> <li>• Dry Sacks – to ensure gear remains dry</li> </ul> |
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### **Equipment**

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| <ul style="list-style-type: none"> <li>• Trekking pole</li> <li>• Sleeping mattress (foam/self inflating)</li> <li>• Sleeping bag (Minimum rating: -5 degrees)</li> <li>• Sleeping bag liner – for extra warmth</li> </ul> | <ul style="list-style-type: none"> <li>• Head lamp – with spare batteries</li> <li>• Day Pack (30-35 litre)</li> <li>• Back Pack / Duffel Bag (65-70 litre)</li> <li>• Dry Sacks – to ensure gear remains dry</li> </ul> |
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### **Personal Items**

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| <ul style="list-style-type: none"> <li>• Lip balm &amp; Sunscreen</li> <li>• Toiletries (incl. toilet paper)</li> <li>• Insect repellent (DEET)</li> <li>• Hand sanitizer</li> <li>• Wet Wipes</li> <li>• Pocket Knife</li> <li>• Prescription medicines</li> </ul> | <ul style="list-style-type: none"> <li>• Personal First Aid Kit</li> <li>• Snacks (Lightweight, High energy)</li> <li>• Water purification tablets</li> <li>• Powdered sports drink</li> <li>• Camera &amp; spare batteries</li> <li>• Immodium</li> <li>• Diamox</li> </ul> |
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